



Little Stars Day Nursery Autumn menu

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday	Notes
Breakfast	Assorted Cereals with fresh milk, whole meal toast-Butter or Jam croissants and breakfast muffins					<p><u>Special requirements</u></p> <p>At Little Stars, we cater for vegetarian, Religious And allergy dietary requirements.</p> <p>Our Chef keeps a Comprehensive list Of any dietary Requirements in the Kitchen. All staff Involved in the Preparation of the Snacks consult These lists.</p> <p>*Vegetarian options available. Quorn /Lentils/Vegetables</p> <p>*Babies pureed according to needs.</p>
Mid-Morning Snack	Fresh Fruit	Fresh Fruit	Fresh fruit salad	Fresh Fruit	Children's Choice Fresh fruit	
Lunch	Roast chicken / quorn dinner With roast potatoes, stuffing and veg	Fish/Lentil cakes Peas And Savory rice	Homemade Soup With crusty rolls	Tomato and mozzarella Vegetable Pasta	Shepard's pie With green beans	
Dessert	Fromage Frais	Fruity crumble With fresh cream	Sponge Cake (Various)	Angel delight	Chocolate dipped banana's	
Mid-Afternoon Snack	Children's Choice Fresh fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	
Tea	Children's choice Make your own pizza	Chilli con carne with rice and garlic bread	Tuna and sweetcorn / cheese and cucumber sandwiches	Vegetable noodles With spring rolls	Make your own wraps	
Dessert	Home made choc chip Muffins	Digestive biscuits	Natural yoghurt & fruits	Butterscotch tart	Fromage frais	

FOR ALL ALLERGEN INFORMATION AND ADVICE PLEASE CONSULT OUR NURSERY CHEF