



# Little Stars Newsletter

## May 2019

### Staff

Dear Parents and Carers,

I would like to introduce myself; I am the new appointed Manager for our wonderful nursery. My name is Reena and I hope to serve and care for all attending our nursery now and in the future.

I have 20 years plus experience in the Early Years sector with 18 years of management experience. I hold all mandatory qualifications as well as 2 Degrees in Early Years and Education as well as an Early Years Professional Status (EYPS/EYTS) which is an equivalency to a Primary School Teacher. This is my first week and I am slowly meeting and learning everybody's names.

I am happy to be a part of Little Stars Day Nursery who have welcome me in and supporting my settling in, just like our little ones do (*chuckles.*)

If you have any questions or would like to introduce yourselves if I have missed you, please approach me anytime, we do operate an Open-Door Policy. I will be on the premises from 8am to 6pm Monday to Friday.

I am really keen to start up a Parent Partnership Group to allow parents to share ideas and be involved in supporting the Nursery. It's also a great opportunity to meet other parents in the local area. With this in mind our first Parent Partnership Evening will be held in the near future. It will be a chance for me to meet you and hear your ideas as well as discuss development plans for the Nursery and children. Also, I would like to arrange social evenings out for parents to relax and unwind as we all lead hectic lives and responsibilities. I will be in touch soon with events and dates.

Any questions for me please do approach.

Kind regards, **Reena Pharma**

### Photographer

Its that time of the year for our photographer to be in. Note the date: **Wednesday 29<sup>th</sup> 8.30am to 11.30am.** If you do not attend for the day please pop in **only** for the shoot. Its first come first serve basis.

### Family photos

Could all families please bring in some family photos, These would be great for our "my family" boards! Or email them to [info@littlestarsdaynursery.com](mailto:info@littlestarsdaynursery.com)

<https://www.facebook.com/LittlestarsdaynurseryLTD/#>

this is our business page and we would be very grateful if parents could share our posts so we can reach others and grow!

**We would also really appreciate a review!**

We also have a parent group for parents only to see the latest news and pictures of activities!

### Uniform:

We are now taking orders for t-shirts and jumpers; these uniforms are essential for all 3-5years in preschool room.

Please see forms on table in the lobby or speak to Management team.

Any questions please speak to management.

We are encouraging this from now as from September, its **COMPULSORY.**

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### Baby room – Twinkling Stars

First would like to welcome our new babies into our nursery and hope to provide the best service and secure foundations in their Early Learning days.

Babies are exploring messy play and sensory play. They are also having a fun time in role play.

At this age we concentrate on 3 Prime Areas, **Personal Social and Emotional, Physical Development and Communication Language Development.**

Play is serious work if you're a baby. It's how you learn to be a human being.

Every time you touch, feel, taste, hear or see something new, messages are sent to your brain and your brain cells make connections like little bulbs lighting up all over the inside of your head.

The more connections a baby makes, the better their brain will work – which is where parents come in. It's by playing with our babies and stimulating their interest that we help shape their brain for the future.

### Toddler room – Sparkling Stars

We are very busy in our room.... we do many activities...

**Playing with sand and water** - an early introduction to science and maths, learning that water is fluid, not solid, and that it can be measured in different sized containers.

**Playing with dough, drawing and painting pictures, dressing up and playing with dolls** - encourages creativity and imagination and helps kids express their feelings.

**Building blocks, jigsaws and shape sorters** - helps children recognise different shapes and sizes, putting things in order and developing logical thought.

**Playing ball games, dancing, running and climbing** – these all help develop body movement, strength, flexibility and co-ordination in the garden.

**Organised games** – helps to learn about turn taking, sharing and mixing with others

**Singing and playing simple music instruments** - helps develop rhythm, listening and hearing.

**Make believe play** – you can really fire up their imaginations with simple props, like a mini-kitchen area, with some pots, pans, plastic cups and plates.

**Small worlds** - organising small-scale road layouts, dolls houses or farms, gives children the opportunity to plan, organise and take charge.

### Preschool room – Shinning Stars

Our pre-schoolers love to **play, it is more than just fun** for children. It's vital for overall development and wellbeing. It's how children learn best, and how they work out who they are, how the world works and where they fit into it.

Our children learn through playing by themselves, or with siblings or with you at home, and also through playing with teachers and other children in Shiny Stars room.

**Dramatic and pretend play:** pre-schoolers use games like dress-ups to act out confusing or scary scenarios, try out different roles and explore emotions.

**Physical play:** climbing over playground equipment teaches pre-schoolers about coordination and balance, and how far they can push their physical abilities.

**Messy play:** play with paints, water or sand is a great outlet for children's emotions.

**Songs, books, riddles and silly rhymes:** it's great fun to share these with your pre-schooler, and they also improve her language and vocabulary.

**Sorting games:** activities like sorting blocks, buttons or beads can improve language and lay the groundwork for maths and numeracy skills – just make sure to pack away small objects after play to avoid choking hazards.

**Simple board games:** these kinds of games give pre-schoolers a chance to learn about taking turns, following the rules, counting and being a good sport.

We will be working towards phonics and practicing their first letter writing of their names through activities. In the following term we are preparing children for moving onto schools and preparing them and would ask kindly for all parents and carers to support.

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### Apology Message:

I would like to say to all parents and carers for their amazing support whilst we had an unforeseen situation towards the Bank Holiday weekend. I can only say a massive Thank You from the bottom of my heart in supporting myself and Viteice. We here at Little Stars Day Nursery are always here to support all children's learning and development and maintain high standards of staffing requirements to provide the best for all. Please accept my sincerest apologies if there was a short disruption to your child's learning but we as a team have worked hard to resolve matters.

I hope we can put this matter behind and have a fantastic final term before many children move onto schools and break for the summer term in July.

### Important reminders:

- Can we remember spare clothing, nappies, wipes etc for children.
- Can all 3 to 5-year olds all wear uniform to Preschool on a daily basis.
- Can we make sure all parents are not leaving the nursery without notifying a staff member.
- Please do not leave the patio door open, its safeguarding and health and safety of all staff and children.

**Kindest regards**

Reena Pharma

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## Parents

### As a parent, what can I do?

As parents, we are far more likely to see people like fire officers or paramedics as heroes. Yet our research for Child Safety Week shows **just how much parents do to stop their children suffering horrific accidents** – almost two-thirds say they've had to save the day to prevent a serious accident.

Parents play down the life-saving role they play, but the truth is, the small actions we all take day-in, day-out to prevent accidents from happening in the first place are as just as heroic as rescuing children after an accident has happened.

Help keep children safe by following these simple steps:

### Download the 2019 Child Safety Week Parents' Pack

Children develop so quickly, they catch us off-guard. Whether it's learning to roll, crawl, stand or just exploring their environment as they get older, each stage opens up a new set of potential hazards.

It can be difficult to keep up, and the daily pressures of caring for children don't make it any easier. What's more, because the hazards aren't always obvious, it can be even harder to keep children out of harm's way.

Download our 2019 Child Safety Week Parents' Pack aimed at helping parents identify the key risks of accident and help prevent them. There are some fun activity sheets at the back of the pack that you could do with your children.

### Share your experiences

Have you got any top tips for reducing the risk of accidents? Has your child ever had an accident or near miss?

Here are some top tips on the CAPT [Youtube](#) channel shared by other parents, carers, grandparents and childminders: