Little Stars Day Nursery

Wk.6	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Selection of	Selection of	Selection of	Selection of	Selection of
	Cereals/Toast [G D]	Cereals/Toast [G D]	Cereals/Toast [G D]	Cereals/Toast [G D]	Cereals/Toast [G D]
Morning	Selection of	Selection of	Selection of	Selection of	Selection of
Snack	Fruits/Crackers/Cheese	Fruits/Crackers/Cheese	Fruits/Crackers/Cheese	Fruits/Crackers/Cheese	Fruits/Crackers/Cheese
Sildek	/Milk/Breadsticks	/Milk/Breadsticks	/Milk/Breadsticks	/Milk/Breadsticks	/Milk/Breadsticks
	[G D]	[G D]	[G D]	[G D]	[G D]
Lunch +	Chicken Casserole with	Chickpea curry & Steam	Jacket Potato with Beans	Shepherd's Pie with	Cheesy Pasta Bake
Pudding	Mash Potato	rice, N <mark>aan -</mark>	a <mark>nd Che</mark> ese	Vegetables	[G C D]
loading	[G]	[C <mark>G]</mark>	[D]	[C]	
	0000	1 1	·)	V U	
	Yogurt	Chefs Speci <mark>al Bake</mark>	<u>Yogu</u> rt	Chefs Special Bake	Yogurt
	[D]- ² [[G D]	[D]	[G D]	[D]
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Afternoon	Selection of	Selection of	Selection of	Selection of	Selection of
Snack	Fruits/Crackers/Cheese	Fruits/Crackers/Cheese	Fruits/Crackers/Cheese	Fruits/Crackers/Cheese	Fruits/Crackers/Cheese
JIIGCK	/Milk/Breadsticks	/Milk/Breadsticks	/Milk/Breadsticks	/Milk/Breadsticks	/Milk/Breadsticks
	[G D]	[G D]	[G D]	[G D]	[G D]
Tea +	Make you <mark>r Ow</mark> n Wraps	Pizza, Gar <mark>lic Bread a</mark> nd	Toasted Crumpets /	Hash Browns & Beans	Selection of
Pudding	[G D]	Salad	Bagels	[G]	Sandwiches
loading		[G C]	[G D]	1	[G D E]
		0/10/10/10/10	3 _ 7 90	/	
	Yogurt	Chef <mark>s Sp</mark> ecial B <mark>ake</mark>	Fruit Cocktail	Chefs Special Bake	Yogurt
	[D]	[G D]		[G D]	[D]

G = Gluten SD = Sulphur
Dioxide
D = Dairy
F = Fish
E = Egg
C = Celery
S = Soya

All of these dishes are free from Peanuts, Tree Nuts, Sesame Seeds, Mustard, Lupin, Crustacea and Molluscs.

Milk and Water are available all day.