

# Little Stars Day Nursery

Wk.5	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	Selection of Cereals/Toast [G D]	Selection of Cereals/Toast [G D]	Selection of Cereals/Toast [G D]	Selection of Cereals/Toast [G D]	Selection of Cereals/Toast [G D]
<b>Morning Snack</b>	Selection of Fruits/Crackers/Cheese /Milk/Breadsticks [G D]	Selection of Fruits/Crackers/Cheese /Milk/Breadsticks [G D]	Selection of Fruits/Crackers/Cheese /Milk/Breadsticks [G D]	Selection of Fruits/Crackers/Cheese /Milk/Breadsticks [G D]	Selection of Fruits/Crackers/Cheese /Milk/Breadsticks [G D]
<b>Lunch + Pudding</b>	Vegetable Chow Mein [G C SD E]  Yogurt [D]	Creamy Tomato Pasta with Salad [D C]  Chefs Special Bake [G D]	Chicken Tikka with Toasted Pitta Bread [G]  Mix Fruit Yogurt [D]	Shepherd's Pie with Mixed Salad [G D]  Chefs Special Bake [G E D]	Mix Vegetable Biryani with Plain Yogurt [G C D]  Yogurt [G D]
<b>Afternoon Snack</b>	Selection of Fruits/Crackers/Cheese /Milk/Breadsticks [G D]	Selection of Fruits/Crackers/Cheese /Milk/Breadsticks [G D]	Selection of Fruits/Crackers/Cheese /Milk/Breadsticks [G D]	Selection of Fruits/Crackers/Cheese /Milk/Breadsticks [G D]	Selection of Fruits/Crackers/Cheese /Milk/Breadsticks [G D]
<b>Tea + Pudding</b>	Spaghetti Hoops on Toast with Cheese & Carrot Sticks [G D]  Yogurt [D]	Selection of Sandwiches (Cheese/Salad) (Chicken Slices/Salad) [G D]  Chefs Special Bake [G D E]	Jacket Potato with Beans and Cheese [G]  Fruit Platter	Fish/Vegetables Fingers served with Baked Sweet Potato [G D]  Chefs Special Bake [G D E]	Crumpets/ Bagels Cucumber Sticks [G D F]  Yogurt [D]

G = Gluten

D = Dairy

E = Egg

S = Soya

SD = Sulphur  
Dioxide

F = Fish

C = Celery

**All of these dishes are free from Peanuts, Tree Nuts, Sesame Seeds, Mustard, Lupin, Crustacea and Molluscs.**

**Milk and Water are available all day.**