

# Little Stars Day Nursery

Wk.4	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	Selection of Cereals/Toast <b>[G D]</b>	Selection of Cereals/Toast <b>[G D]</b>	Selection of Cereals/Toast <b>[G D]</b>	Selection of Cereals/Toast <b>[G D]</b>	Selection of Cereals/Toast <b>[G D]</b>
<b>Morning Snack</b>	Selection of Fruits/Crackers/Cheese /Milk/Breadsticks <b>[G D]</b>	Selection of Fruits/Crackers/Cheese /Milk/Breadsticks <b>[G D]</b>	Selection of Fruits/Crackers/Cheese /Milk/Breadsticks <b>[G D]</b>	Selection of Fruits/Crackers/Cheese /Milk/Breadsticks <b>[G D]</b>	Selection of Fruits/Crackers/Cheese /Milk/Breadsticks <b>[G D]</b>
<b>Lunch + Pudding</b>	Lamb/Vege Casserole with mash <b>[G C]</b>  Yogurt <b>[D]</b>	Chicken/Vege Korma with Steamed Rice <b>[G D]</b>  Chefs Special Bake <b>[D]</b>	Pasta with Garlic Bread & Salad <b>[G C]</b>  Mix Fruit Yogurt <b>[D]</b>	Chilli Con Carne and Nachos <b>[G]</b>  Chefs Special Bake <b>[G D]</b>	Macaroni Cheese with vegetables <b>[G D C]</b>  Yogurt <b>[G D]</b>
<b>Afternoon Snack</b>	Selection of Fruits/Crackers/Cheese /Milk/Breadsticks <b>[G D]</b>	Selection of Fruits/Crackers/Cheese /Milk/Breadsticks <b>[G D]</b>	Selection of Fruits/Crackers/Cheese /Milk/Breadsticks <b>[G D]</b>	Selection of Fruits/Crackers/Cheese /Milk/Breadsticks <b>[G D]</b>	Selection of Fruits/Crackers/Cheese /Milk/Breadsticks <b>[G D]</b>
<b>Tea + Pudding</b>	Selection of Sandwiches (Cheese/Salad) (Chicken Slices/Salad) <b>[G D]</b>  Yogurt <b>[D]</b>	Beans on Toast with Cheese with Carrot Sticks <b>[G D]</b>  Chefs Special Bake <b>[G D E]</b>	Buttered Crumpets With cheese/jam <b>[G D]</b>  Fruit Platter	Bagels with Jam/Cream Cheese & Cucumber Sticks <b>[G D]</b>  Chefs Special Bake <b>[G D E]</b>	Chicken/Vege Nuggets & Chips <b>[G D F]</b>  Yogurt <b>[D]</b>

G = Gluten

SD = Sulphur Dioxide

D = Dairy

F = Fish

E = Egg

C = Celery

S = Soya

**All of these dishes are free from Peanuts, Tree Nuts, Sesame Seeds, Mustard, Lupin, Crustacea and Molluscs.**

**Milk and Water are available all day.**