

Little Stars Day Nursery

Wk.3	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Selection of Cereals/Toast [G D]	Selection of Cereals/Toast [G D]	Selection of Cereals/Toast [G D]	Selection of Cereals/Toast [G D]	Selection of Cereals/Toast [G D]
Morning Snack	Selection of Fruits/Crackers/Cheese /Milk/Breadsticks [G D]	Selection of Fruits/Crackers/Cheese /Milk/Breadsticks [G D]	Selection of Fruits/Crackers/Cheese /Milk/Breadsticks [G D]	Selection of Fruits/Crackers/Cheese /Milk/Breadsticks [G D]	Selection of Fruits/Crackers/Cheese /Milk/Breadsticks [G D]
Lunch + Pudding	Pulses & Rice [D G] Fruit Yogurt [D]	Creamy Sweetcorn Pasta & Salad [G C D] Chefs Special Bake [G D E]	Chicken Casserole, Vegetables & Rolls [S C G D] Mix Fruit Yogurt [D]	Jacket Potato with Beans and Cheese [G D] Chefs Special Bake [G D E]	Fish cakes with Chips and Mix Vegetables [G D F C] Fruit Yogurt [G D]
Afternoon Snack	Selection of Fruits/Crackers/Cheese /Milk/Breadsticks [G D]	Selection of Fruits/Crackers/Cheese /Milk/Breadsticks [G D]	Selection of Fruits/Crackers/Cheese /Milk/Breadsticks [G D]	Selection of Fruits/Crackers/Cheese /Milk/Breadsticks [G D]	Selection of Fruits/Crackers/Cheese /Milk/Breadsticks [G D]
Tea + Pudding	Sandwiches (Cheese/Chicken/Salad) (Jam) [G D] Yogurt [D]	Beans on Toast with Cheese with Carrot Sticks [G D] Chefs Special Bake [G D E]	Cheesy Pizza with Garlic Bread, Mix Salad [G] Fruit Platter	Fish/Vegetables Fingers served with Baked Beans [G D] Chefs Special Bake [G D E]	Sweetcorn Pasta and Cucumber Sticks [G D F] Yogurt [D]

G = Gluten
D = Dairy
E = Egg
S = Soya

SD = Sulphur Dioxide
F = Fish
C = Celery

All of these dishes are free from Peanuts, Tree Nuts, Sesame Seeds, Mustard, Lupin, Crustacea and Molluscs.

Milk and Water are available all day.