

Little Stars Day Nursery

Wk.2	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Selection of Cereals/Toast [G D]	Selection of Cereals/Toast [G D]	Selection of Cereals/Toast [G D]	Selection of Cereals/Toast [G D]	Selection of Cereals/Toast [G D]
Morning Snack	Selection of Fruits/Crackers/Cheese /Milk/Breadsticks [G D]	Selection of Fruits/Crackers/Cheese /Milk/Breadsticks [G D]	Selection of Fruits/Crackers/Cheese /Milk/Breadsticks [G D]	Selection of Fruits/Crackers/Cheese /Milk/Breadsticks [G D]	Selection of Fruits/Crackers/Cheese /Milk/Breadsticks [G D]
Lunch + Pudding	Vegetable Curry, Steamed Rice & Naan [G] Rice Krispy Cakes [G D E]	Shepherd's Pie & Mixed Vegetables [G D] Chefs Special Bake [G E D]	Roast Chicken, Roast Potato's & Vegetables [G C] Fruit Yogurt [D]	Jacket Potato with Beans and Cheese [G D] Chefs Special Bake [D]	Baked Fish, Chips and Peas [G F] Fairy Cakes [G D]
Afternoon Snack	Selection of Fruits/Crackers/Cheese /Milk/Breadsticks [G D]	Selection of Fruits/Crackers/Cheese /Milk/Breadsticks [G D]	Selection of Fruits/Crackers/Cheese /Milk/Breadsticks [G D]	Selection of Fruits/Crackers/Cheese /Milk/Breadsticks [G D]	Selection of Fruits/Crackers/Cheese /Milk/Breadsticks [G D]
Tea + Pudding	Spaghetti on Toast & Cucumber Sticks [G] Fruit yogurt [D]	Margherita Pizza with Garlic Bread and Salad [G D C] Chefs Special Bake [G D E]	Creamy Pasta & Mix Salad [G D C] Fruit Platter	Tomato Soup and Bread Rolls [G D] Chefs Special Bake [G D E]	Sandwiches (Cheese/Chicken/Salad) (Jam) [G D C] Yogurt [D]

G = Gluten
D = Dairy
E = Egg
S = Soya

SD = Sulphur Dioxide
F = Fish
C = Celery

All of these dishes are free from Peanuts, Tree Nuts, Sesame Seeds, Mustard, Lupin, Crustacea and Molluscs.

Milk and Water are available all day.