

Little Stars Day Nursery Menu

Wk. 1	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Selection of Cereals/Toast [G D]	Selection of Cereals/Toast [G D]	Selection of Cereals/Toast [G D]	Selection of Cereals/Toast [G D]	Selection of Cereals/Toast [G D]
Morning Snack	Selection of Fruits/Crackers/Cheese /Milk/Breadsticks [G D]	Selection of Fruits/Crackers/Cheese /Milk/Breadsticks [G D]	Selection of Fruits/Crackers/Cheese /Milk/Breadsticks [G D]	Selection of Fruits/Crackers/Cheese /Milk/Breadsticks [G D]	Selection of Fruits/Crackers/Cheese /Milk/Breadsticks [G D]
Lunch + Pudding	Mexican Paella with Vege Chunks & Tomato Salsa [S] Yogurt [D]	Vegetable Delight Pizza & Baked Beans & Garlic Bread & Cucumber [G D] Chefs Special Dessert	Chicken Tikka with Steamed Rice & Cucumber Sticks [D] Mix Fruit Yogurt [D]	Lamb & Soya Bolognese with Pasta & Salad [G S C] Chefs Special Dessert [G D]	Tuna Pasta / Vege Pasta Bake [G D S C] Yogurt [G D]
Afternoon Snack	Selection of Fruits/Crackers/Cheese /Milk/Breadsticks [G D]	Selection of Fruits/Crackers/Cheese /Milk/Breadsticks [G D]	Selection of Fruits/Crackers/Cheese /Milk/Breadsticks [G D]	Selection of Fruits/Crackers/Cheese /Milk/Breadsticks [G D]	Selection of Fruits/Crackers/Cheese /Milk/Breadsticks [G D]
Tea + Pudding	Potato Wedges with Spaghetti Hoops & Cucumber Sticks [G] Yogurt [D]	Quiche and Beans [G D] Chefs Special Dessert [G D E]	Vegetable Soup with Crusty Rolls [C G D] Fruit Platter	Beans on Toast with Cheese & Mix Salad [G D C] Chefs Special Dessert [G D E]	Selection of Sandwiches (Cheese/Chicken/Salad) (Jam) [G D C] Yogurt [D]

G = Gluten

D = Dairy

E = Egg

S = Soya

SD = Sulphur Dioxide

F = Fish

C = Celery

All of these dishes are free from Peanuts, Tree Nuts, Sesame Seeds, Mustard, Lupin, Crustacea and Molluscs.

Milk and Water are available all day.