



January & February 2022 Newsletter

Dear Parents/Carers,

Hope it's been a wonderful start to 2022, but we know it's been quite challenging so far due to Covid-19.

The number of cases had arisen quite swiftly within staff and families within the nursery impacting us and we had to make a hard decision to shut due to staffing as we were impacted to staff shortages.

Although there has not been an update to the national definition of covid-19 symptoms (cough, high temperature, loss/change in taste/smell), please be mindful of the wider symptoms of Covid-19 sore throat, headache, fatigue, muscle ache, blocked/runny nose, cold like symptoms, shortness of breath, diarrhoea and vomiting. Anyone with Covid-19 symptoms should isolate and take a PCR test. PLEASE DO NOT ATTEND NURSERY.

I know that a happy and successful nursery depends on us ALL working together. Families make such an important contribution to their child's achievements at nursery and together, we can ensure the children are safe, happy and able to reach their full potential. We all are looking forward to getting to know everyone new starting this term with us and we are excited for the future here at Little Stars Day Nursery as we have a lot planned for the year ahead, so please watch out for the dates of events to follow on our Facebook page, letters, Website and Posters on the window display.

Working in partnership with parents – Important information for all parents/carers of children attending our nursery during the continuous of the pandemic COVID-19:

A big thank you to all parents, children and staff in keeping our nursery COVID Secure from September to December 2021. But we unfortunately had an OUTBREAK from January 14th where we were in consultation with our Local Borough, DfE, Public Health and Ofsted reporting of serious incident as we had many cases. Please continue and keep vigilant by:

- ★ *Keeping children at home if they are ill or feeling poorly with coughs, colds, fevers.*
- ★ *Stay at home if you are unwell, please.*
- ★ *Phone into the nursery by 9.30 if your child is absent from nursery.*
- ★ *Immediately inform Reena on **0208 894 2590** or email manager@littlestars-daynursery.com of any COVID test confirming a positive result*
- ★ *Wash hands/sanitise before leaving home and when returning.*
- ★ *We still prefer parents and visitors to wear a mask at drop off and pick up times, especially if you are close speaking to our staff (only 1 adult should be present.)*
- ★ *Maintain your distance from other parents/carers and members of staff.*
- ★ *We still prefer all to stagger the time you arrive at the nursery.*
- ★ *Sanitise children's lunchboxes daily and keep your bags at nursery for the week.*

In the event of future nursery closures – due to staff absence

Thank you for working with us and understanding the situation. We have not had this situation since Covid-19 started but we really appreciated everyone's support.

In the event that staff are absent due to illness or self-isolating due to COVID-19 we possibly might have to close parts of the nursery or already did. If an area is closed, we will contact you via Parent Blog on First Steps App and a notification will be placed on our website, but hopefully we are now over the worst.

We are unable to refund any monies or substitute any days but we have and always have sent out emails to parents who request any web links to keep child well entertained with educational programmes and worksheets.

How to teach your child to put on their coat independently:

Follow the You Tube link below to find out how to teach your child to put their coat on independently.

<https://www.youtube.com/watch?v=5J7Slnawmm0&safe=active>

Top tips for helping with sleeping routines:

- ★ *Make sure that your child's bedroom is quiet and that the lighting is dim. Don't use televisions or electrical items in the bedroom. At bedtime, close the curtains and make sure that toys are hidden away.*
- ★ *You can use black-out blinds if necessary.*
- ★ *Wake your child at the same time every morning, not before 6am, to reinforce their daily cycle.*
- ★ *Stick to a regular bedtime and a consistent routine. A visual timetable can help your child to understand*
- ★ *what is going to happen next in the countdown to bedtime.*

Dates for your diary for Feb:

1st Feb – Chinese New Year

7th-11th Feb – Valentines Theme of Pink/Purple and Blue Crackerjack's Charity week £2 donation

14th Feb – Valentine's Day

14th – 18th Feb Half term – Nursery closed for all funding children

15th-17th Feb Half term – Open for ONLY private customers (closed Monday and Friday)

21st Feb – Term begins

Kind regards

Reena Pharma

(Nursery Manager)

